



Healthy Aging & Fall Prevention Summit



May 31, 2023

Dear Community Partner,

The Healthy Aging Association and the Stanislaus County Area Agency on Aging in partnership with Kaiser Permanente will present the **20th Annual Healthy Aging and Fall Prevention Summit** on Friday, October 13, 2023, at the Modesto Centre Plaza. The purpose of this event is to provide health and wellness information to older adults on resources available to help them live longer and healthier lives. There will be free health screenings including diabetes, osteoporosis, cholesterol, hypertension, and other screenings; free flu shots will be available for those who qualify.

Once again, the Senior Coalition of Stanislaus County will be hosting the Fall Prevention Room which will include fall prevention education, balance assessments, fitness tests, medication reviews, home modification demonstrations, and information about financial services available to assist older adults with home modifications.

Due to the success this event has had in previous years, we are estimating that over 1,100 older adults, caregivers, and family members will be in attendance. In order for us to continue to provide this unique event in our community, we are inviting you to become a major sponsor.

Thank you in advance for your sponsorship. Together, we will continue to provide services that help older adults to remain independent and active in their communities.

Sincerely,

Dianna L. Olsen

Dianna L. Olsen, Executive Director
Healthy Aging Association

Margie Palomino

Margie Palomino, Director
Stanislaus County Area Agency on Aging



Healthy Aging Association
3500 Coffee Road, Suite 19, Modesto, CA 95355
healthy.aging2000@gmail.com | (209) 525-4670
HealthyAgingAssociation.org/healthy-aging-summit.html