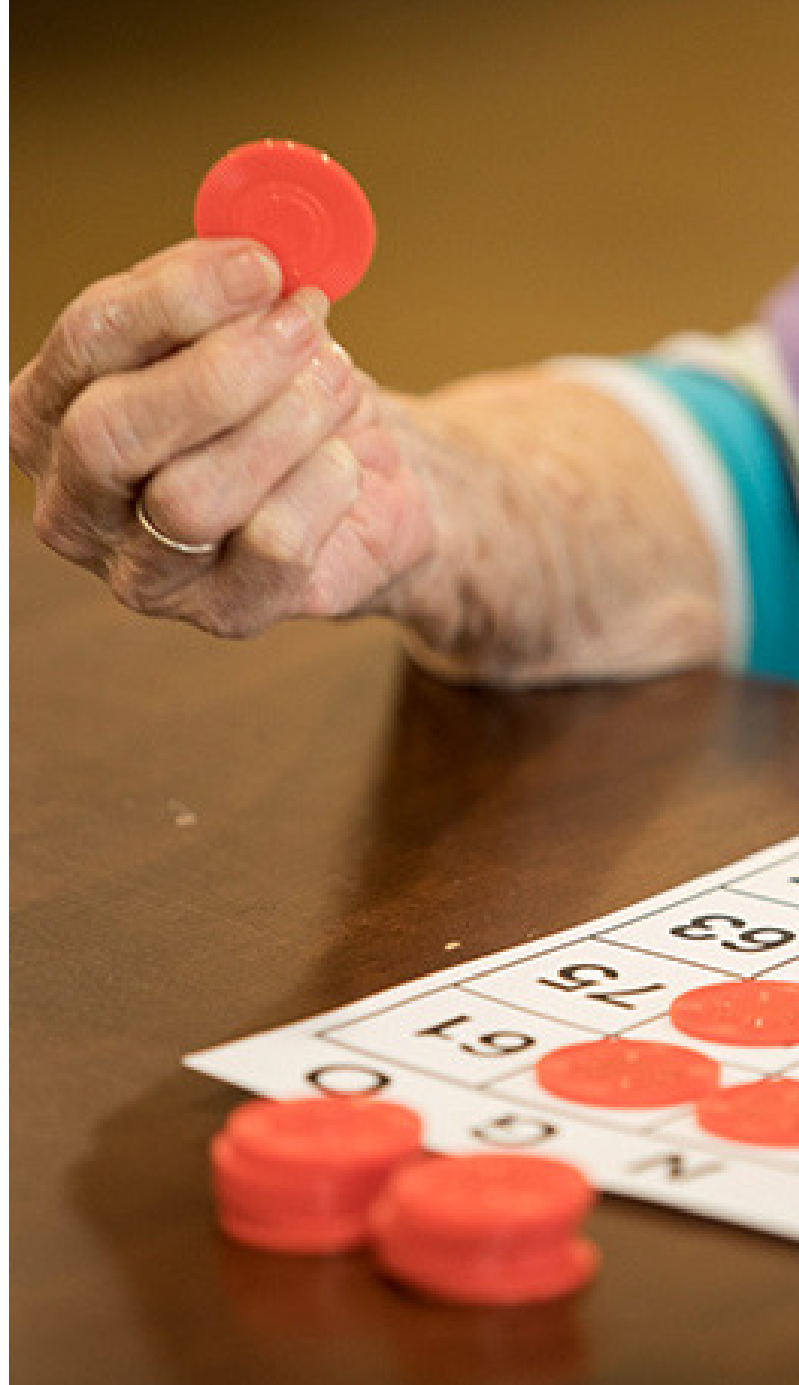




Free health promotion program for older adults that combines bingo with fun physical activities.

Registrants meet 1 hour a week, twice a week for 10 weeks ending with a chance to win the grand prize. Studies show this program may improve the quality of life for older adults.



**Call Healthy Aging Association at
(209) 525-4670 or
email healthy.aging2000@gmail.com to
sign up by May 24, 2019**

**BINGOcize to start in June at
Mancini Hall Senior Center, Modesto**



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