

Stay Informed While Staying Safe

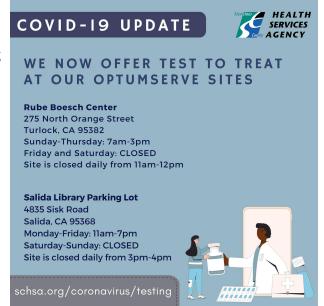
A Newsletter in Response to the COVID-19 Pandemic

COVID-19 Test to Treat Program

The California Department of Public Health is expanding testing sites across the state to provide both testing and immediate treatment for individuals who are candidates for COVID-19 treatments. This expansion will improve access to COVID-19 treatments for uninsured residents.

Services at OptumServe Test to Treat sites are free to uninsured individuals.

Test to Treat sites allow individuals to get tested, be seen by a provider, and receive prescription antiviral pills (Paxlovid or molnupiravir).



Source: www.schsa.org/coronavirus/testing

Accessing COVID-19 Treatments

COVID-19 treatments work best when taken soon after symptoms begin. Here is how to access outpatient COVID-19 treatments if you have symptoms:

- Talk to your health care provider right after you notice symptoms to learn if you qualify for a COVID-19 treatment.
- If you do not have a health care provider or do not hear back from your provider, visit a Test to Treat site to get rapid testing and find out if you are eligible for treatments.
- If you do not have insurance, visit an OptumServe location (see above).

Current types of treatments administered to prevent and treat COVID-19:

- Antivirals prevent viruses from making more of themselves or "multiplying" in the body
- Monoclonal antibodies bind to virus and assist the body in getting rid of it
- Anti-Inflammatories calm an overactive immune response

IMPORTANT: Only take treatments prescribed by a health care provider. People have been seriously harmed and even died after taking products not authorized for COVID-19, even products approved or prescribed for other uses.

Source: Center for Disease Control and Prevention (CDC)

COVID-19 Treatments are NOT a Substitute for the COVID-19 Vaccine

While treatments are an important tool in the fight against COVID-19, vaccines are how we get through this pandemic. Vaccines train your immune system to prevent infection and severe illness. All people should get vaccinated or boosted as soon as possible.

Source: Center for Disease Control and Prevention (CDC)

Stanislaus County - COVID-19 Community Level LOW

Recommendations based on the current level

Stay up to date with COVID-19 vaccines. Get tested if you have symptoms, a positive test, or have been exposed to someone with COVID-19. Wear a mask on public transportation. For additional protection, you could choose to wear a mask at any time to protect yourself and others.

Weekly Metrics Used to Determine the COVID-19 Community Level

| Case Rate per 100,00 | 193.4 |
|------------------------------------------------------------|-------|
| (7 individuals short of COMMUNITY LEVEL being MEDIUM) | |
| New COVID-19 Admissions per 100,000 | 6 |
| % Staffed inpatient beds in use by patients with confirmed | 4,2% |
| with COVID-19 | |

Total Deaths from COVID-19 in Stanislaus County 1,766 IndividualsUpdated 06/07/2022

% VACCINATED 1+Doses 68.2% 2+Doses 57.4% Booster Shots 23.1%

Getting Boosted reduces the likelihood of infection of serious illness as vaccination's protection against COVID-19 decreases over time, especially with the rise in new variants.

Stanislaus County COVID-19 Update

Hospitalizations and cases are going up:

5/31/2022 Positivity Rate 10%

Currently Hospitalized: 51 ICU 2

You can help stop the spread of COVID-19 by:

- Wearing a mask is strongly recommended
- Get tested before and after gathering in large groups
- Get vaccinated to prevent severe disease, hospitals, and deaths

Source: Stanislaus County Health Services Agency

We Can Help You Get the COVID-19 Vaccine at Home!



Stanislaus Homebound Program is a great program that brings the vaccine, booster shot, or flu shot right to your home. If you are 60 years and older and can't leave your home and need to get the COVID-19 vaccine or booster, Healthy Aging Association can help by sending a nurse to administer any of these vaccinations at no charge to you.

If you are homebound it is still important to get vaccinated or if you have had both vaccines, it is recommended for you to get a booster. Call Healthy Aging Association at (209) 525-4670 to schedule your at home appointment today!

No Transportation to Your Vaccine Appointment? We Got You Covered!

Do you need a ride to get your COVID- 19 vaccine?

In partnership with Uber Health and Healthy Aging Association, MOVE is providing Stanislaus residents rides at NO COST to your COVID-19 vaccine appointment. With COVID-19 numbers on the rise, make sure you and your loved ones are safe.

Call & schedule your FREE ride to get your booster today by calling (209) 672-1143!



Rides provided based on availability of UBER drivers

Friendship Line - When You Just Need someone to talk to!



The Friendship Line California is helping older adults feel connected! It is a 24-hour free crisis intervention hotline and warmline for non-emergency emotional support calls. It connects those in need with a caring and compassionate voice who is ready to listen and offer emotional support. This is available for any older adult 60 and better and for persons with disabilities.

Please call 1-888-670-1360 if you are feeling lonely, isolated, depressed or just need to hear a friendly voice.

Every call is important to the friendship line. Pickup the phone, give it a try 1-888-670-1360. Source: https://www.ioaging.org/friendship-line-california

Fall Prevention - Watch Your Step!

Throw rugs can be a dangerous home accessory. They tend to crinkle up at the corners which can lead to a trip or they can slide when stepped on leading to a fall. Make sure to purchase non-slip rugs for your home! You can also tape down pre-existing ones you don't wish to throw out.

Wondering if your throw rugs are a hazard? Call (209) 525-4670 to see if you qualify for an in-home environmental assessment through the Dignity At Home Fall Prevention Program.



Source: https://www.cdc.gov/falls/facts.html

Get Free At-Home COVID-19 Tests

Every home is eligible to order a third round of COVID-19 Home Tests. Visit www.covid.gov/tests or contact Healthy Aging Association for assistance by calling (209) 525-4670. COVID-19 test kits will be delivered to your home by USPS.

Source: https://www.covid.gov/tests

Wrong Expiration Date On The Box! Check Your Fill Tube!



Your COVID-19 At Home Test Kit may give you an expiration date on the box, but **don't be fooled** it's not the correct expiration date!!!

Once you look inside; the test strip and fill tube will show the accurate expiration date.



Source: https://ihealthlabs.com/blogs/news-featured/expiration-date-extension

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For Senior Information and Assistance contact (209) 558-8698



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